

# The Blue LEGUME

CAFÉ • RESTAURANT • COCKTAIL BAR

Please inform us if you have any allergies or intolerances. We cannot guarantee that our dishes are free from traces of nuts.

V: Vegetarian VG: Vegan

GF: Gluten Free N: Contain Nuts

## BREAKFAST

<b>BREAKFAST BAP</b> Bacon, sausage, egg & cheddar in brioche bun served with chips	9.5
<b>MUSHROOM ON SOURDOUGH V</b> Grilled mushroom on toasted sourdough bread with crème fraîche	8.9
<b>WELSH RAREBIT V</b> Toasted cheddar and whole grain mustard sauce on ciabatta bread with poached egg	9.5
<b>SMASHED AVOCADO V</b> With poached eggs on sourdough bread	9.9
<b>CROQUE MADAME</b> Toasted ham & cheese on brown bread with a poached egg	9.5
<b>HASH BROWN BREAKFAST</b> 3 hash brown, 2 bacon, scrambled eggs and grilled tomato	10.5
<b>SMOKED SALMON &amp; SCRAMBLED EGG</b> Served with sourdough bread & salad	9.9
<b>MEDITERRANEAN BREAKFAST</b> Grilled halloumi, spicy sausage, feta cheese, fresh tomato, poached egg, marinated olives & jam served with sourdough bread <i>*Veggie option available</i>	11
<b>FULL ENGLISH BREAKFAST</b> Portobello mushroom, beans, bacon, grilled tomato, poached egg, sausage, hash brown & sourdough bread	11
<b>AMERICAN STACK</b> Pancake served with bacon, sausage, fried egg & maple syrup	11.5
<b>VEGETARIAN SAUSAGE BREAKFAST V</b> Portobello mushroom, beans, grilled tomato, poached, sausage, hash brown and sourdough bread	11
<b>FRENCH TOAST V</b> Brioche soaked in beaten eggs with milk and cinnamon toasted in pan served with poached plum & yoghurt	9.5
<b>VEGAN BREAKFAST VG</b> Smashed avocado, portobello mushroom, hash brown, Mexican black beans, grilled tomato and salsa sauce with sourdough bread	10.5
<b>GRANOLA BOWL V</b> Home made organic rolled oats with dried fruits served with yoghurt and maple syrup	8.5
<b>SCOTCH PANCAKES V</b> With maple syrup and mix fruits	9.5
<b>PANINI</b> served with fries & salad	
<b>ROASTED VEGETABLES &amp; MOZZARELLA V</b>	8.5
<b>TUNA MELT</b>	8.5
<b>CHICKEN, PESTO, TOMATO &amp; OLIVES N</b>	8.5
<b>HAM &amp; CHEDDAR</b>	8.5
<b>GOAT'S CHEESE, SPINACH &amp; CARAMELISED ONION V</b>	8.5

## EGG

<b>EGG ON SOURDOUGH BREAD V</b> Choice of scrambled or poached egg	8.9
<b>EGGS BENEDICT</b> Toasted English muffins, ham, poached eggs & hollandaise sauce	10
<b>EGGS FLORENTINE V</b> Toasted English muffin, spinach, poached eggs & hollandaise sauce	10
<b>EGGS ROYALE</b> Toasted English muffin, smoked salmon, poached eggs & hollandaise sauce	10.9
<b>CHORIZO BENEDICT</b> Chorizo, toasted English muffin, avocado, roasted pepper, poached eggs & hollandaise sauce	11
<b>SHAKSHUKA (MENEMEN) V</b> Turkish style eggs cooked with tomato, pepper, onion crumbled feta cheese served with sourdough bread <i>*£1 topped with spicy sausage</i>	11
<b>TURKISH POACHED EGGS (CILBIR) V</b> Served with garlic yoghurt butter sauce & sourdough bread	9.9
<b>HUEVOS RANCHEROS GF V</b> Corn tortilla, fried eggs, avocado, salsa sauce, black beans and feta cheese	11
<b>COLOMBIAN EGGS V</b> Smashed avocado, scrambled eggs, fresh chopped tomato & springs onion on sourdough bread	10.5
<b>OMELETTE</b> served with fries	
<b>FREE RANGE EGGS WITH 3 FILLINGS</b> • Ham, Goat's Cheese, Red Onion • Ham, Bacon, Cheddar Cheese • Mushroom, Spinach, Red Onion V	11
<b>BURGER</b> served with fries	
<b>SIGNATURE BEEF BURGER</b> Homemade beef patty topped with tomato, pickle, lettuce and caramelised onions served with homemade burger sauce	11.5
<b>BUTTER MILK CHICKEN BURGER</b> With harissa mayo, fresh tomato, lettuce, pickled cucumber	10.5
<b>100% PLANT BASED BEYOND BURGER V</b> 100% plant based Beyond Burger from Beyond Meat. Cheddar cheese, lettuce, tomato and pickle, ketchup, mayonaise & mustard <i>*Vegan option available</i>	13.9
<b>HOMEMADE FALAFEL BURGER N V</b> Served in pretzel bun with halloumi cheese, grated beetroot & rocket with hummus sauce <i>*Vegan option available</i>	10.95
<b>ADD TOPPINGS</b> each 1.5	
• Bacon	
• Fried Egg V	
• Spinach VG	
• Halloumi V	
• Goat's Cheese V	
• Blue Cheese V	
• Mature Cheese V	
• Monetary Jack V	
<b>WRAP*</b> served with fries & salad <i>*Gluten Free option available</i>	
<b>HOMEMADE FALAFEL VG</b> Hummus, roasted vegetables & rocket	9
<b>HALLOUMI V</b> Avocado, olives, tomato & pesto sauce	9.5
<b>CHICKEN</b> Smashed avocado, rocket & roasted red peppers	9.5
<b>GRILLED STEAK</b> Pepper and caramelised onion	10.5
<b>KOFTE</b> Tzatziki, tomato & rocket	10.5

## MAIN

<b>STUFFED AUBERGINE GF V</b> Roasted vegetables topped with goat's cheese served with rice & salad <i>*Vegan option available</i>	11.5
<b>VEGETABLE MOUSSAKA V</b> Layer of vegetables topped with béchamel & cheddar served with rice & salad	11.5
<b>CHICKEN SKEWERS</b> Grilled marinated chicken cubes with fries & salad <i>*Gluten free option without bread</i>	10.9
<b>MEDITERRANEAN KOFTE</b> Grilled lamb meatballs with fries & salad	13.5
<b>CHICKEN SCHNITZEL</b> Served with fries and salad	11.5
<b>BEEF STEW</b> Diced beef cooked with red wine, shallot onion, carrot and mushroom served with mashed potato	13.95
<b>SPINACH &amp; RICOTTA RAVIOLI V</b> With provencal roasted vegetables	10.5
<b>MEATBALLS SPAGHETTI</b> Meatballs cooked in tomato sauce with herbs served with parmesan cheese	12.5
<b>PAN ROASTED SALMON FILLET GF</b> With spinach, potato & hollandaise sauce	13.95
<b>KING PRAWNS</b> Cooked with fresh chopped tomato, garlic, butter & springs onion served with rice & salad	12.95
<b>CLUB SANDWICH</b> Chicken, bacon, melted cheddar, lettuce, tomato & harissa mayonnaise served with chips	9.9
<b>SALAD</b>	
<b>GRILLED GOAT'S CHEESE SALAD N V</b> Grilled goat's cheese with garlic crostini, walnut dressing, leaves & beetroot	9.9
<b>HOMEMADE FALAFEL SALAD N V</b> Homemade falafel, rocket, pumpkin seed, halloumi, roasted tomato, hummus & beetroot served with pitta bread <i>*Vegan option available</i>	10.5
<b>CHICKEN CEASAR SALAD</b> Grilled chicken large lettuce, croutons & Ceasar dressing	9.9
<b>CHORIZO &amp; HALLOUMI SALAD</b> Grilled chorizo halloumi, mixed leaves, cherry tomato, cucumber & red onion	10.5
<b>SIDE</b>	
<b>GLUTEN FREE BROWN TOAST GF V</b>	1.75
<b>SOURDOUGH V</b>	1.75
<b>SAUSAGE</b>	2.25
<b>BACON</b>	2.25
<b>BEANS VG</b>	2.25
<b>MUSHROOM VG</b>	2.25
<b>FRIED / POACHED / SCRAMBLED EGG V</b>	2.25
<b>AVOCADO VG</b>	2.25
<b>HASH BROWN V</b>	2.25
<b>SPINACH VG</b>	2.25
<b>HALLOUMI V</b>	3.25
<b>SMOKED SALMON</b>	3.5
<b>FRIES VG</b>	3.75
<b>SWEET POTATO FRIES VG</b>	4.5
<b>TRUFFLE FRIES WITH PARMESAN V</b>	4.5

MONDAY TO FRIDAY / 12 TO 3:30PM

# LUNCH SET MENU

2 COURSES 15.95

Lunch Set Menu does not apply on Bank holidays or special days.

## STARTER

### SOUP OF THE DAY **VG**

served with sourdough bread

### GARLIC BREAD **V**

Garlic butter in ciabatta bread

(£1.50 topped mozzarella cheese)

### BRUSCHETTA **V**

tomato and basil on toasted ciabatta bread

### GUACAMOLE **GF V**

Avocado, corn tortilla and salsa de molcajete

### HOMEMADE FALAFEL & HUMMUS **N VG**

Topped with pine nuts

### TRICOLORE SALAD **GF N V**

Avocado, mozzarella, tomato & pesto

## MAIN

### STUFFED AUBERGINE **GF V**

Roasted vegetables topped

with goat's cheese

served with rice & salad

\*Vegan option available

### VEGETABLE MOUSSAKA **V**

Layer of vegetables topped

with béchamel & cheddar

served with rice & salad

### SPINACH & RICOTTA RAVIOLI **V**

With provencal roasted vegetables

### CHICKEN SCHNITZEL

Served with fries and salad

### SIGNATURE BEEF BURGER

Homemade beef patty topped

with tomato, pickle, lettuce

and caramelised onions

served with homemade burger sauce

### HOMEMADE FALAFEL SALAD **N V**

Homemade falafel, rocket,

pumpkin seed, halloumi,

roasted tomato, hummus & beetroot

served with pitta bread

\*Vegan option available

### GRILLED HALLOUMI SALAD **V**

With red onions, garlic croutons,

mustard dressing & leaves

## HOT BEVERAGE

ESPRESSO	2.2
DOUBLE ESPRESSO	2.7
AMERICANO	2.7
CAPPUCCINO	2.9
LATTE	2.9
FLAT WHITE	3.2
MOCCA	3.2
CHAI LATTE	3.2
MATCHA LATTE	3.2
DECAF EXTRA	40p
ICED LATTE	3.2
Please let us know how much sugar you like	
HOT CHOCOLATE	3.2
HOT CHOCOLATE FOR KIDS	2

## VEGAN HOT BEVERAGE

Soya, Oat, Almond or Coconut milk available for 50p

VEGAN CAPPUCCINO	3.2
VEGAN LATTE	3.2
VEGAN ICED LATTE	3.2
Please let us know how much sugar you like	
VEGAN MOCCA	3.2
VEGAN HOT CHOCOLATE	3.2

## LOOSE TEA *Served in a pot*

BREAKFAST TEA	3.5
EARL GREY	3.5
ASSAM	3.5
DARJEELING	3.5
PEPPERMINT HERB	3.5
CAMOMILE FLOWERS	3.5
CHINA SENCHA GREEN TEA	3.5
VANILLA TEA	3.5
JASMINE TEA	3.5
ROOIBOS	3.5
FRESH MINT TEA	3.5

## SOFT DRINK & PRESS

CARTON JUICES	2.2
• Cranberry	
• Apple	
• Orange	
• Pomegranate	
• Tomato	
• Pineapple	
ORGANIC LEMONADE	2.7
GINGER PRESSE	2.7
ELDER FLOWER PRESSE	2.7
HOMEMADE-CITRON PRESSE	2.7
COKE, DIET COKE	2.7
STILL OR SPARKLING WATER 375ML	2.5
STILL OR SPARKLING WATER 800ML	4.5

## SMOOTHIE

Made with Apple juice suitable for vegans

BERRY LOVE	4.9
• Blackberry	
• Strawberry	
• Raspberry	
• Blueberry	
• Banana	
SUPER SMOOTHIE	4.9
• Goji berry	
• Pineapple	
• Papaya	
• Carrot	
• Mango	
GROOVY GREEN	4.9
• Green Apple	
• Pear	
• Mint	
• Avocado	
• Spinach	
• Melon	
QUEEN PEACH	4.9
• Peach	
• Pineapple	
• Banana	
SUNRISE	4.9
• Strawberry	
• Mango	
• Banana	
SPIRULINA	4.9
• Banana	
• Algae	

THANK YOU FOR COMING TO THE BLUE LEGUME.

YOU CAN FOLLOW US ON

f i / BlueLegumeN16

post a pic of your Blue Legume experience with the hashtag #LoveBlueLegume

IF YOU'D LIKE TO RESERVE A TABLE BEFORE YOUR NEXT VISIT OR SEE OUR LATEST MENUS YOU CAN VISIT OUR NEW WEBSITE

[www.bluelegume.co.uk](http://www.bluelegume.co.uk)

## FRESHLY SQUEEZED JUICE

SINGLE	3.9
• Orange	
• Apple	
• Carrot	
DOUBLE COMBINATIONS	4.2
• Orange, Apple	
• Orange, Carrot	
• Apple, Mint	
• Apple, Carrot	
TRIPLE COMBINATIONS	4.5
• Carrot, Orange, Ginger	
• Carrot, Orange, Apple	
• Carrot, Celery, Beetroot	
• Apple, Celery, Mint	
Or simply make up your own combination	

V: Vegetarian VG: Vegan GF: Gluten Free N: Contain Nuts

If you suffer from a food allergy or intolerance, please let the manager know upon placing your order. Guests with severe allergies or intolerance should be aware that although all due care is taken, there is a risk of allergen ingredients still being present.

Optional service charge of 12.5% will be added to your bill.